

Certificate III in Individual Support (Disability)

CHC33015



CHC33015 Certificate III in Individual Support

Century Group Pty Ltd trading as Aged Care Training Services RTO 6127. This training is subsidised by the NSW Government. We encourage people with disabilities to apply. Completion of this course does not guarantee an employment outcome.

Training in priority qualifications is fee-free and fully funded by the NSW and Commonwealth Governments.



About this course

Our nationally recognised CHC33015 Certificate III in Individual Support (Disability) is the perfect qualification for people who have a passion for supporting the elderly, or those with a disability, to reach their full potential.

Start a career in the disability and/or aged care industry - whether you imagine working in an Aged Care Facility, in Home and Community Care, or you could work in disability, such as in the NDIS workforce, or any other organisations that provide support and care to the disabled.

Upon completion, you will be job ready and equipped with the knowledge and skills to follow an individualised plan to provide support to people who require care.

Career Pathways



The following employment opportunities may be available following the successful completion of this course;

Personal Care Assistant

Disability Support Worker

Accommodation Support Worker

Food Service Worker

Respite Care Worker

Personal Care Giver

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“

If you want others to be happy, practice compassion.
If you want to be happy, practice compassion.”

- Dalai Lama



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2024_1.0



Course Snapshot

Delivery Mode

Two schedule options:

- 2 days per week (Mon/Tues) for 23 weeks
- 3 days per week (Wed/Thurs/Fri) for 15 weeks
- 11am to 2.30pm
- Virtual classroom
- 120 - 200 hours of practical placement depending on prior skills and knowledge
- This course will be approximately 12 months in duration depending on RPL, Credit Transfer and individual needs of the learners.

Course Inclusions

We provide you with;

- A dedicated trainer to deliver course content
- Ongoing Trainer support
- Course Materials & Resources
- Polo shirt & name badge
- Dedicated Placement coordinator who will provide placement for those with a clear police check

COVID

Please note that practical placement is a mandatory component of achieving this qualification. In the event that COVID restrictions are enforced or government directives prohibit student placement in workplaces such as aged care facilities your course will take longer to achieve.



Our Course

Entry Requirements

- Students must obtain a police check/clearance
- Students must be 18 years or over
- Students must undertake a Language, Literacy & Numeracy (LLN) assessment
- Students must be physically fit and be able to work at floor level as well



Session	Unit Code	Units of competency
WHS	HLTWHS002	Follow safe work practices for direct client care
Healthy Bodies	HLTAAP001	Recognise healthy body systems
Communication	CHCCOM005	Communicate and work in health or community services
Diversity	CHCDIV001	Work with diverse people
Client Plans	CHCCCS015	Provide Individual Support
Wellness and Independence	CHCCCS023	Support independence & wellbeing
Meet Personal Support Needs	CHCCCS011	Meet personal support needs
Skills Development	CHCDIS001	Contribute to ongoing skills development using a strengths-based approach
Concerning behaviours	CHCDIS002	Follow established person-centred behavior supports
Out & About	CHCDIS012	Support community participation and social inclusion
Power to the people	CHCDIS007	Facilitate the empowerment of people with disability
Legal & Ethical	CHCLEG001	Work legally and ethically
Infection Prevention	HLTINF001	Comply with infection prevention and control policies and procedures

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Topics in more detail

01 WHS

Follow safe work practices for direct client care (HLTWHS002)

This unit describes the skills and knowledge required for a worker to participate in safe work practices to ensure their own health and safety, and that of others in work environments that involve caring directly for clients. It has a focus on maintaining safety of the worker, the people being supported and other community members. This unit applies to all workers who require knowledge of workplace health and safety (WHS) to carry out their own work, in both centre-based and home-based service provision.

02 HEALTHY BODIES

Recognise healthy body systems (HLTAAP001)

This unit describes the skills and knowledge required to work with basic information about the human body and to recognise and promote ways to maintain healthy functioning of the body. This unit applies to any worker who needs to use and interpret information that includes references to client anatomy and physiology.

03 COMMUNICATION

Communicate and work in health or community services (CHCCOM005)

This unit describes the skills and knowledge required to communicate effectively with clients, colleagues, management and other industry providers. This unit applies to a range of health and community service contexts where workers may communicate face-to-face, in writing or using digital media and work with limited responsibility under direct or indirect supervision.

04 DIVERSITY

Work with diverse people (CHCDIV001)

This unit describes the skills and knowledge required to work respectfully with people from diverse social and cultural groups and situations, including Aboriginal and/or Torres Strait Islander people. This unit applies to all workers.



Topics in more detail

05 CLIENT PLANS

Provide individual support (CHCCCS015)

This unit describes the skills and knowledge required to organise, provide and monitor support services within the limits established by an individualised plan. The individualised plan refers to the support or service provision plan developed for the individual accessing the service and may have many different names in different organisations. This unit applies to workers who provide support under direct or indirect supervision in any community services or health context.

06 WELLNESS AND INDEPENDENCE

Support independence and wellbeing (CHCCCS023)

This unit describes the skills and knowledge required to provide individualised services in ways that support independence, as well as, physical and emotional wellbeing. This unit applies to workers in a range of community services contexts who provide frontline support services within the context of an established individualised plan.

07 PERSONAL SUPPORT NEEDS

Meet personal support needs (CHCCCS011)

This unit describes the skills and knowledge required to determine and respond to an individual's physical personal support needs and to support activities of daily living. This unit applies to workers who provide support to people according to an established individualised plan in any community services context. Work performed requires some discretion and judgement and may be carried out under regular direct or indirect supervision.

08 STRENGTH-BASED APPROACH

Contribute to ongoing skills development using a strengths-based approach (CHCDIS001)

This unit describes the skills and knowledge required to assist with supporting the ongoing skill development of a person with disability. It involves following and contributing to an established individual plan and using a positive, strengths-based approach. This unit applies to individuals who work with people with disability in a range of community services and health contexts. Work performed requires some discretion and judgement and may be carried out under regular direct or indirect supervision.



Topics in more detail

09 PERSON-CENTRED SUPPORT

Follow established person-centred behaviour supports (CHCDIS002)

This unit describes the skills and knowledge required to implement behaviour support strategies outlined in an individualised behaviour support plan for a person with disability. This unit applies to workers in varied disability services contexts. Work performed requires some discretion and judgement and may be carried out under regular direct or indirect supervision.

10 SOCIAL INCLUSION AND EMPOWERMENT

Support community participation and social inclusion (CHCDIS012)

This unit describes the performance outcomes, skills and knowledge required to assist with supporting people with disability in community participation and social inclusion using a person-centred approach. This involves enabling people to make choices to maximise their participation in various community settings, functions and activities to enhance psychosocial wellbeing and lifestyle in accordance with the person's needs and preferences.

Facilitate the empowerment of people with disability (CHCDIS007)

This unit describes the skills and knowledge required to facilitate the empowerment of people with disability to deliver rights based services using a person-centred approach. It should be carried out in conjunction with individualised plans. This unit applies to workers in varied disability contexts.

11 LEGAL AND ETHICAL

Work legally and ethically (CHCLEG001)

This unit describes the skills and knowledge required to identify and work within the legal and ethical frameworks that apply to an individual job role. This unit applies to community services and health workers who play a proactive role in identifying and meeting their legal and ethical responsibilities.

11 INFECTION PREVENTION

Comply with infection prevention and control policies and procedures (HLTINF001)

This unit describes the skills and knowledge required to follow organisational infection prevention and control procedures, including implementing standard and transmission-based precautions and responding to infection risks.

Units are subject to change at any time at Aged Care Training Services discretion



About us

Aged Care Training Services (ACTS) is a Registered Training Organisation (RTO) that specialises in delivering training for the Aged Care sector. We are proudly Australian owned and have been delivering training solutions since 1998.

We offer a variety of nationally recognised qualifications including:

- » CHC43015 Certificate IV in Ageing Support
- » CHC43415 Certificate IV Leisure and Health



We Care!

We're passionate about Aged Care and are committed to helping lift the standard of care across the industry.



It's our passion

Our qualified trainers provide an insight into the needs of local communities to promote best practice for our students and industry links. We deliver quality education that not only provides students with the skills and knowledge to perform their role competently but instil the love of caring plus a genuine enthusiasm and commitment to making a meaningful contribution to the world.

Contact us to enrol or for any more enquiries

Whatever your reason for enrolling in this course, our qualified staff will ensure you are job ready to service the health and community sector.



Take the next step with Aged Care Training Services!

Phone us on 1300 785 802 or email us on info@agedcarentrainingservices.com.au

www.agedcarentrainingservices.com.au

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Find out more:

- NSW Smart and Skilled funding, eligibility at; Website: www.smartandskilled.nsw.gov.au Phone: 1300 77 21 04
- Century Group Pty Ltd's policies for consumer protection, fees and refunds, eligibility, complaints and appeals, privacy, access and equity and student support on our website; <https://agedcarentrainingservices.com.au> and also summarised in the ACTS Learner Guide.



Is this the career for you?

Book in for your
complimentary
discovery
session today!

1300 785 802



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