

# Certificate IV in Ageing Support

CHC43015





# About this course

#### **Course description**

This qualification reflects the role of support workers who complete specialised tasks and functions in aged services; either in residential, home or community based environments. Workers will take responsibility for their own outputs within defined organisation guidelines and maintain quality service delivery through the development, facilitation and review of individualised service planning and delivery.

#### Is this course right for me?

Are you looking to launch your career as a carer in the aged care industry in either an aged care facility or a home and community environment?

- Are you dreaming of a meaningful career?
- Are you passionate about aged care?
- Do you want to work in a sector that is rapidly growing and the demand for skilled workers is high?
- Do you want a career that has flexible hours?

#### Then the Aged Care sector needs YOU!

The aged care industry needs people that are passionate about making a difference to the lives of others, have patience, empathy, and a 'can do' attitude. Aged Care is more than just a job; it's a commitment to care, love, nurture and enrich the lives of our ageing population. Over and above the offer of a rewarding and fulfilling career where you will make a difference in people's lives, the aged care industry is a smart choice in terms of employment. Aged care facilities, home and community care providers and other Aged Care services are always searching for carers and support workers. Skilled staff are in high demand and as the sector grows the number of job vacancies is set to increase.







If you want others to be happy, practice compassion. If you want to be happy, practice compassion."

- Dalai Lama





# Course Snapshot

#### **Duration**

This course will be approximately 12 months in duration depending on prior experience, Credit Transfers and the individual needs of learners.

## **Delivery Mode**

This course is delivered via a combination of;

- 2 days virtual face-to-face training sessions per week, depending on your schedule.
- We have multiple schedules available to suit you, including day classes (9.30am 2.30pm and night classes (6.00pm 9.00pm)
- 16 hours per week of self-paced flexible learning including completion of assignments
- 1:1 coaching to provide all the support you need
- 160 hours of mandatory practical placement (yes we can organise placement for you!)
- 2 days in-person Clinical Practice workshop

## **Entry Requirements**

There are no prerequisites to gain entry into CHC43015 Certificate IV in Ageing Support, however; please note you must:

- Be over 18 years of age
- Obtain a police check/certificate prior to practical placement
- Willing and physically able to do practical placement
- Undertake a Language, Literacy and Numeracy (LLN) assessment so that the appropriate support can be provided and or sourced
- Undertake a Pre-Training Review (PTR) to provide us with an indication of your existing skills and experience.
- This course is virtual you must have access to the internet, a computer and basic computer literacy.
- Have the ability to work autonomously and a commitment to attend virtual sessions.

#### **Course Inclusions**

We provide you with;

- Course materials and resources
- Polo shirt and name badge
- Placement Police Check

#### COVID

Please note that practical placement is a mandatory component of the course completion and may be impacted by COVID or other infectious outbreaks. Rest assured we will inform you of any changes to your placement and work with you to complete your mandatory placement.





# **Our Course**

Session	Unit Code	Units of competency
Interests & Rights	CHCADV001	Facilitate the interests and rights of clients
Empower & Coordinate	CHCAGE001	Facilitate the empowerment of older people
Empower & Coordinate	CHCAGE003	Coordinate services for older people
Implement Interventions	CHCAGE004	Implement interventions with older people at risk
Dementia	CHCAGE005	Provide support to people living with dementia
Wellness & Independence	CHCCCS006	Facilitate individual service planning and delivery
Personal Support Needs		Meet personal support needs
Provide Individual Support	CHCCCS023	Support independence and wellbeing
Relationships		Support relationships with carers and families
Diversity	CHCDIV001	Work with diverse people
Legal & Ethical	CHCLEG003	Manage legal and ethical compliance
Palliative Care	CHCPAL001	Deliver care services using a palliative approach
Networking	CHCPRP001	Develop and maintain networks and collaborative partnerships
Community Participation	CHCDIS012	Support community participation and social inclusion
Mental Health	CHCMHS001	Work with people with mental health issues
Healthy Bodies	HLTAAP001	Recognise healthy body systems
Physical Health Status	HLTAAP002	Confirm physical health status
Workplace Health & Safety	HLTWHS002	Follow safe work practices for direct client care

#### How will I be assessed?

We have developed a variety of assessment tools and tasks, which help to gather evidence relevant to the units of competency. Examples of evidence may include written responses, practical demonstrations, case studies and workplace observations.



# Topics in more detail

01	CORE UNIT - Facilitate the interests and rights of clients (CHCADV001)  This unit describes the skills and knowledge required to assist clients to identify their rights, voice their needs and concerns and realise their interests, rights and needs.  This unit applies to workers of all levels in a range of health or community services settings who provide services using a human rights-based approach and have direct interaction with clients.
02	CORE UNIT - Facilitate the empowerment of older people (CHCAGE001)  This unit describes the skills and knowledge required to respond to the goals and aspirations of older people and provide support services in a manner that focuses on improving health outcomes and quality of life, using a person-centred approach.
03	CORE UNIT - Coordinate services for older people (CHCAGE003)  This unit describes the skills and knowledge to provide services to an older person. It involves following and contributing to an established individual plan.
04	CORE UNIT - Implement interventions with older people at risk (CHCAGE004)  This unit describes the skills and knowledge required to work in partnership with older people and their carers to implement interventions in the context of an individualised plan to reduce risk.  This unit applies to support workers in a residential or community context.
05	CORE UNIT - Provide support to people living with dementia (CHCAGE005)  This unit describes the skills and knowledge required to provide person-centred care and support to people living with dementia. It involves following and contributing to an established individual plan. This unit applies to workers in a residential or community context, including family homes. Work performed requires some discretion and judgement and may be carried out under regular direct or indirect supervision.
06	CORE UNIT - Facilitate individual service planning and delivery (CHCCCS006)  This unit describes the skills and knowledge required to contribute to the development, implementation and review of individualised support. This unit applies to workers in a range of community services and service delivery contexts. Work will involve collaborating with the person requiring support and other people involved in the support network. Service needs may be complex or multiple.
07	CORE UNIT - Meet personal support needs (CHCCCS011)  This unit describes the skills and knowledge required to deter- mine and respond to an individual's physical personal support needs and to support activities of daily living. This unit applies to workers who provide support to people according to an established individualised plan in any community services context. Work performed requires some discretion and judgement and may be carried out under regular direct or indirect supervision.
08	CORE UNIT - Support independence and wellbeing (CHCCCS023)  This unit describes the skills and knowledge required to provide individualised services in ways that support independence, as well as, physical and emotional wellbeing. This unit applies to workers in a range of community services contexts who provide frontline support services within the context of an established individualised plan.
09	CORE UNIT - Support relationships with carers and families (CHCCCS025)  This unit describes the skills and knowledge required to work positively with the carers and families of people using the service based on an understanding of their support needs. This unit applies to workers across a range of community services contexts.



# Topics in more detail

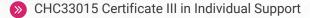
10	CORE UNIT - Work with diverse people (CHCDIV001)  This unit describes the skills and knowledge required to work respectfully with people from diverse social and cultural groups and situations, including Aboriginal and/or Torres Strait Islander people. This unit applies to all workers.
11	CORE UNIT - Manage legal and ethical compliance (CHCLEG003)  This unit describes the skills and knowledge required to research information about compliance and ethical practice responsibilities, and then develop and monitor policies and procedures to meet those responsibilities. This unit applies to people working in roles with managerial responsibility for legal and ethical compliance in small to medium sized organisations. There may or may not be a team of workers involved.
12	CORE UNIT - Deliver care services using a palliative approach (CHCPAL001)  This unit describes the skills and knowledge required to care for people with life-threatening or life-limiting illness and/or normal ageing process within a palliative approach. This unit applies to workers in a residential or community context. Work performed requires some discretion and judgement and is carried out under regular direct or indirect supervision.
13	CORE UNIT - Develop and maintain networks and collaborative partnerships (CHCPRP001)  This unit describes the skills and knowledge required to identify networking and collaboration needs and develop formal and informal partnerships to enhance service delivery and improve professional practice. This unit applies to work in all industry sectors, and to individuals who take pro-active responsibility for improving collaboration between workers and organisations.
14	ELECTIVE UNIT - Support community participation and social inclusion (CHCDIS012)  This unit describes the performance outcomes, skills and knowledge required to assist with supporting people with disability in community participation and social inclusion using a person-centred approach. This involves enabling people to make choices to maximise their participation in various community settings, functions and activities to enhance psychosocial wellbeing and lifestyle in accordance with the person's needs and preferences.
15	ELECTIVE UNIT - Work with people with mental health issues (CHCMHS001)  This unit describes the skills and knowledge required to establish relationships, clarify needs, and then work collaboratively with people who are living with mental health issues. This unit applies to support workers in contexts outside the mental health sector, but who come into contact with people with mental health issues.
16	CORE UNIT - Recognise healthy body systems (HLTAAP001)  This unit describes the skills and knowledge required to work with basic information about the human body and to recognise and promote ways to maintain healthy functioning of the body. This unit applies to any worker who needs to use and interpret information that includes references to client anatomy and physiology.
17	ELECTIVE UNIT - Confirm physical health status (HLTAAP002)  This unit describes the skills and knowledge required to obtain and interpret information about client health status and to check a client's physical health. It requires a detailed knowledge of anatomy and physiology. This unit applies to individuals working directly with clients and who assist in the provision of health care services. Some disciplines may be subject to state/territory regulatory determination regarding delegation and supervision.
18	CORE UNIT - Follow safe work practices for direct client care (HLTWHS002)  This unit describes the skills and knowledge required for a worker to participate in safe work practices to ensure their own health and safety, and that of others in work environments that involve caring directly for clients. It has a focus on maintaining safety of the worker, the people being supported and other community members. This unit applies to all workers who require knowledge of workplace health and safety (WHS) to carry out their own work, in both centre-based and home-based service provision.



# About us

Aged Care Training Services (ACTS) is a Registered Training Organisation (RTO) that specialises in delivering training for the Aged Care sector. We are proudly Australian owned and have been delivering training solutions since 1998.

We offer a variety of nationally recognised qualifications including:



CHC43415 Certificate IV Leisure and Health



#### We Care!

We're passionate about Aged Care and are committed to helping lift the standard of care across the industry.

# It's our passion

Our qualified trainers provide an insight into the needs of local communities to promote best practice for our students and industry links. We deliver quality education that not only provides students with the skills and knowledge to perform their role competently but instil the love of caring plus a genuine enthusiasm and commitment to making a meaningful contribution to the world.

## Contact us to enrol or for any more enquiries

Whatever your reason for enrolling in this course, our qualified staff will ensure you are job ready to service the health and community sector.



## Take the next step with Aged Care Training Services!

Phone us on 1300 785 802 or email us on info@agedcaretrainingservices.com.au www.agedcaretrainingservices.com.au

