

# Certificate III in Individual Support (Ageing and Disability)

CHC33021



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Century Group Pty Ltd trading as Aged Care Training Services RTO 6127. This training is subsidised by the NSW Government. We encourage people with disabilities to apply. Completion of this course does not guarantee an employment outcome.

Training in priority qualifications is fee-free and fully funded by the NSW and Commonwealth Governments.



# About this course

Our nationally recognised CHC33021 Certificate III in Individual Support (Ageing and Disability) is the perfect qualification for people who have a passion for supporting the elderly, or those with a disability, to reach their full potential.

Start a career in the disability and/or aged care industry! Whether you imagine working in an Aged Care Facility, in Home and Community Care, within the NDIS workforce, or any other organisation that provides support and care to the disabled, this course is for you.

Upon completion, you will be job ready and equipped with the knowledge and skills to follow an individualised plan to provide person-centred support to people who require care. Learn about dementia, palliative care, safe working practices, the legalities and ethics of the industry, building relationships with families, co-ordinating services and empowering your clients.

This course includes practical placement component. We take care to match you with a facility that best suits your needs including location and upcoming vacancies to maximise the likelihood of an employment opportunity. Practical placement is a wonderful opportunity to showcase your skills to a prospective employer. We pride ourselves on providing a supportive learning environment to help our students to launch their new career successfully!

## Career Pathways

The following employment opportunities may be available following the successful completion of this course;

**Personal Care Assistant**

**Disability Support Worker**

**Accommodation Support Worker**

**Food Service Worker**

**Respite Care Worker**

**Personal Care Giver**

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“

If you want others to be happy, practice compassion.  
If you want to be happy, practice compassion.”

- Dalai Lama



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# Course Snapshot

## Duration

This course will be approximately 12 months in duration depending on prior experience, Credit Transfers and the individual needs of learners.

## Delivery Mode

This course is delivered via a combination of;

- » Virtual face-to-face training - we have multiple schedules available to suit you, which may include day classes (9.30am - 2.30pm) and/or night classes (6.00pm - 9.00pm)
- » 16 hours per week of self-paced flexible learning including completion of assignments
- » 1:1 coaching to provide all the support you need
- » 120 hours of mandatory practical placement (yes we can organise placement for you!)
- » 2 days in-person Clinical Practice workshop

## Entry Requirements

There are no prerequisites to gain entry into CHC33021 Certificate III in Individual Support (Ageing and Disability), however; please note you must:

- » Be over 18 years of age
- » Obtain a police check/certificate prior to practical placement
- » Willing and physically able to do practical placement
- » Undertake a Language, Literacy and Numeracy (LLN) assessment so that the appropriate support can be provided and or sourced
- » Undertake a Pre-Training Review (PTR) to provide us with an indication of your existing skills and experience.
- » This course is virtual you must have access to the internet, a computer and basic computer literacy.
- » Have the ability to work autonomously and a commitment to attend virtual sessions.

## Course Inclusions

We provide you with;

- » Course materials and resources
- » Polo shirt and name badge



# Course Snapshot

## More on practical placement

Practical placement is an important part of your course - 120 hours of practical placement is required to achieve your qualification. It is a great opportunity to put all your knowledge into action and showcase your skills to a prospective employer.

We arrange placement for you! We always aim to organise placement for you in a workplace that is aligned with your individual needs and aspirations, and if possible conveniently located.

When students are undertaking placement they must wear a student uniform at all times. You will be required to dress in the attire as directed by the facility where you complete practical placement. We provide all learners with an Aged Care Training Services polo shirt and name badge. Any requirements over and above this (such as pants and shoes), you will be required to organise yourself and is not provided to you by ACTS.

## COVID

Please note that practical placement is a mandatory component of the course completion and may be impacted by COVID or other infectious outbreaks. Rest assured we will inform you of any changes to your placement and work with you to complete your mandatory placement.

## NDIS Check

Some workplaces such as Disability Services require students to have an NDIS check to commence placement. In this case, we will assist the student to complete an NDIS check and all fees associated with the check will be paid for by the student.

## Police Check

All students are required to arrange their own police check before commencing placement. We will provide links and guidance to help students complete the police check process when they are approaching their placement.

The cost of the police check is the responsibility of the student.

If the police check is clear, we will arrange placement for the student. If the police check reveals any findings, the student will need to secure their own placement. In these cases, we will provide support where possible; however, we are unable to arrange placement on behalf of students with findings on their police check.



# Our Course

## Entry Requirements

There are no prerequisites to gain entry into CHC33021 Certificate III in Individual Support, (Ageing and Disability) however;

- Students must undertake a Language, Literacy & Numeracy (LLN) assessment so that the appropriate academic support can be sourced throughout the course.
- Students must be physically fit to undertake practical placement and meet the National Police Check criteria.
- This course is virtual you must have access to a computer and basic computer literacy.



Session	Unit Code	Units of competency
Dementia	CHCAGE011	Provide support to people living with dementia
Aged Care	CHCAGE013	Work effectively in Aged Care
Individualised Support	CHCCS031	Provide individualised support
Empower	CHCCS038	Facilitate the empowerment of people receiving support
Independence & Wellbeing	CHCCS040	Support independence and wellbeing
Healthy Bodies	CHCCS041	Recognise healthy body systems
Communication	CHCCOM005	Communicate and work in health or community services
Skills Development	CHCDIS011	Contribute to ongoing skills development using a strengths-based approach
Community Participation	CHCDIS012	Support community participation and social inclusion
Disability	CHCDIS020	Work effectively in disability
Diversity	CHCDIV001	Work with diverse people
Legal & Ethical	CHCLEG001	Work legally and ethically
Palliative Care	CHCPAL003	Deliver care services using a palliative approach
Infection Control	HLTINF006	Apply basic principles of infection prevention and control
Workplace Health & Safety	HLTWHS002	Follow safe work practices for direct client care

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# Topics in more detail

01	<b>CHCAGE011 - Provide support to people living with dementia</b> This unit describes the performance outcomes, skills and knowledge required to provide person-centred care and support to people living with dementia. It involves following an established individualised plan. This unit applies to workers in a residential or community context, including family homes.
02	<b>CHCAGE013 - Work effectively in aged care</b> This unit describes the performance outcomes, skills and knowledge required to work effectively in an aged care work context. The unit covers meeting job requirements, complying with organisational requirements and working in an aged care sector context. This unit applies to individuals who work with older people in a range of community services and health contexts.
03	<b>CHCCCS031 - Provide individualised support</b> This unit describes the performance outcomes, skills and knowledge required to organise, provide and monitor personal support services for a person within the limits established by an individualised plan. The individualised plan refers to the support or service provision plan developed for the person accessing the service and may have different names in different organisations. This unit applies to workers who provide care or support under direct, indirect or remote supervision
04	<b>CHCCCS038 - Facilitate the empowerment of people receiving support</b> This unit describes the performance outcomes, skills and knowledge required to facilitate the empowerment of people receiving support, and to deliver rights-based services using a person-centred approach. It should be carried out in conjunction with individualised plans. This unit applies to workers in varied care and support contexts.
05	<b>CHCCCS040 - Support independence and wellbeing</b> This unit describes the skills and knowledge required to provide individualised services in ways that support independence, as well as physical and emotional wellbeing. This unit applies to workers in a range of community services contexts who provide frontline support services within the context of an established individualised plan.
06	<b>CHCCCS041 - Recognise healthy body systems</b> This unit describes the performance outcomes, skills and knowledge required to work with basic information about healthy body systems and the impacts of ageing and disability. It includes recognising and reporting any changes in healthy bodies involving people who are ageing or living with disability. Any identified issues of concern to be reported to the supervisor or professional health staff. This unit applies to workers across a range of community services contexts.
07	<b>CHCCOM005 - Communicate and work in health or community services</b> This unit describes the skills and knowledge required to communicate effectively with clients, colleagues, management and other industry providers. This unit applies to a range of health and community service contexts where workers may communicate face-to-face, in writing or using digital media and work with limited responsibility under direct or indirect supervision.
08	<b>CHCDIS011 - Contribute to ongoing skills development using a strengths-based approach</b> This unit describes the performance outcomes, skills and knowledge required to assist with supporting the ongoing skill development of a person with disability. It involves following and contributing to an established individualised plan and using a positive, strengths-based approach. This unit applies to individuals who work with people with disability in a range of community services and health contexts. Work performed requires some discretion and judgement and may be carried out under regular direct or indirect supervision.



# Topics in more detail

09	<b>CHCDIS012 - Support community participation and social inclusion</b> This unit describes the performance outcomes, skills and knowledge required to assist with supporting people with disability in community participation and social inclusion using a person-centred approach. This involves enabling people to make choices to maximise their participation in various community settings, functions and activities to enhance psychosocial wellbeing and lifestyle in accordance with the person's needs and preferences. This unit applies to workers in varied disability services contexts. Work performed requires some discretion and judgement and may be carried out under regular direct, indirect or remote supervision.
10	<b>CHCDIS020 - Work effectively in disability support</b> This unit describes the performance outcomes, skills and knowledge required to work effectively in a disability support work context. The unit covers meeting job requirements, complying with organisational requirements and working in a disability sector context. This unit applies to individuals who work with people with disability in a range of community services and health contexts. Work performed requires some discretion and judgement and will be carried out under regular direct or indirect supervision.
11	<b>CHCDIV001 - Work with diverse people</b> This unit describes the skills and knowledge required to work respectfully with people from diverse social and cultural groups and situations, including Aboriginal and/or Torres Strait Islander people. This unit applies to all workers.
12	<b>CHCLEG001 - Work legally and ethically</b> This unit describes the skills and knowledge required to identify and work within the legal and ethical frameworks that apply to an individual job role. This unit applies to community services and health workers who play a proactive role in identifying and meeting their legal and ethical responsibilities.
13	<b>CHCPAL003 - Deliver care services using a palliative approach</b> This unit describes the performance outcomes, skills and knowledge required to provide care for people with life-limiting illness and those within the normal ageing process using a palliative approach, as well as end-of-life care. This unit applies to workers in a residential or community context. Work performed requires some discretion and judgement and is carried out under regular direct, indirect or remote supervision.
14	<b>HLTINF006 - Apply basic principles and practices of infection prevention and control</b> This unit describes the performance outcomes, skills and knowledge required to apply basic infection prevention and control principles in work settings including implementing standard and transmission-based precautions and responding to risks. This unit applies to individuals working in a range of industry and work setting contexts.
15	<b>HLTWHS002 - Follow safe work practices for direct client care</b> This unit describes the skills and knowledge required for a worker to participate in safe work practices to ensure their own health and safety, and that of others in work environments that involve caring directly for clients. It has a focus on maintaining safety of the worker, the people being supported and other community members. This unit applies to all workers who require knowledge of workplace health and safety (WHS) to carry out their own work, in both centre-based and home-based service provision.





# About us

Aged Care Training Services (ACTS) is a Registered Training Organisation (RTO) that specialises in delivering training for the Aged Care sector. We are proudly Australian owned and have been delivering training solutions since 1998.

We offer a variety of nationally recognised qualifications including:

- » CHC43015 Certificate IV in Ageing Support
- » CHC43415 Certificate IV in Leisure and Health



## We Care!

We're passionate about Aged Care and are committed to helping lift the standard of care across the industry.



## It's our passion

Our qualified trainers provide an insight into the needs of local communities to promote best practice for our students and industry links. We deliver quality education that not only provides students with the skills and knowledge to perform their role competently but instil the love of caring plus a genuine enthusiasm and commitment to making a meaningful contribution to the world.

## Contact us to enrol or for any more enquiries

Whatever your reason for enrolling in this course, our qualified staff will ensure you are job ready to service the health and community sector.



## Take the next step with Aged Care Training Services!

Phone us on 1300 785 802 or email us on [info@agedcarentrainingservices.com.au](mailto:info@agedcarentrainingservices.com.au)

[www.agedcarentrainingservices.com.au](http://www.agedcarentrainingservices.com.au)

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